

SUSTAINABLE DEVELOPMENT GOALS

5 GENDER
EQUALITY



5.3.3 Does your university as a body provide women's access schemes (Mentoring / Scholarship / Other targeted support)?

Yes

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UBT offers various access schemes specifically aimed at supporting women, including mentoring, training, development, and other targeted Support as presented. Key initiatives include the following:

UBT Women in Sports:

In alignment with the KSA 2030 vision to empower women's participation in national and international sports, UBT prioritizes female fitness. The university actively supports female athletes in achieving national and international recognition and proudly hosts a Female Sports Club. Furthermore, the new campus features a state-of-the-art, female-only gym, underscoring UBT's commitment to the physical and mental well-being of all its members.

The UBT Sports Club plays a crucial role in hosting the region's largest sports program in collaboration with Newcastle University in the UK, titled "Future Leaders in Sports Facilities." This initiative seeks to enhance women's involvement in sports and raise overall awareness. British trainers are brought in to contribute to these efforts, positioning UBT as the exclusive educational partner in the Western Region.

Additionally, UBT collaborates with the Saudi Universities Sports Federation (SUSF) to nurture competitive athletes capable of representing the university in national and international competitions. Through this partnership, UBT aims to expand sports opportunities and achievements for its students. Enhancing university engagement through UBT female students' participation in friendly matches aims to develop their skills, foster relationships between universities, and promote teamwork. The university's sports club also hosted the Kaynouna Foundation to raise awareness about sports and introduce participants to different types of athletic activities. Additionally, a training program was held to prepare indoor rowing coaches, with the goal of promoting indoor rowing in the Kingdom and training female coaches for women's rowing. A workshop titled "Strategy for Developing Women's Basketball Competencies" was held, presented by Coach Kanz for the UBT women's basketball team. The workshop focused on improving the players' performance quality and enhancing team spirit. (Refer to Evidence No.1).





من المستقبل

FUTURE

FUTURE FEMALE LEADERS IN SPORT™ NEW PERFORMANCE EDUCATION WORKSHOP

INJURY PREVENTION IN FEMALE ATHLETES

The workshop is free to attend and all women age 18+ are welcome.
All participants will receive a certificate on the day.

The workshop will cover:

- Female specific injury mechanics and risk factors
- Emphasizing the importance of prevention
- Sharing proactive measures to ensure athletes stay healthy, optimize performance, and prolong their athletic careers.

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Mentoring UBT Faculty Members for PhD



The PhD mentoring program at UBT is truly exceptional. The university supports its faculty members in gaining admission to PhD programs and provides ongoing assistance throughout their academic journeys. This includes reduced teaching loads and other essential services aimed at helping faculty succeed in obtaining their degrees. UBT takes great pride in the successful graduation of its faculty members who started their PHD while working at UBT (See evidence No.2 Mentoring PhD students).

UBT Leaders Coaching Program



The UBT Leaders Coaching Program is a valuable initiative aligned with UBT's strategic priority of "Valuing People." Reflecting the university's commitment to the development and well-being of all faculty members, this program serves as a platform for personal and professional growth for leaders from both genders. Around 47% of the participants in this program were females, demonstrating UBT's dedication to promoting gender diversity and inclusivity in leadership development.

The core objectives of the UBT Leaders Coaching Program include (See Evidence No3 UBT Coaching Program :

- 1. Individual Leadership Development:** Fostering essential leadership skills to enhance individual growth and effectiveness within the university.
- 2. Fostering Connection and Humanity in the Workplace:** Creating a more inclusive, compassionate environment that respects diversity and promotes interpersonal connections.
- 3. Enhancing Communication and Collaboration:** Improving cross-functional collaboration and communication throughout the university to strengthen a unified approach to institutional goals.

4. Promoting a Growth and Development Mindset: Cultivating a culture focused on shared growth, where continuous improvement and learning are encouraged for all



UBT Financial support for Female Students :

UBT provides scholarships for female students through discounts on select university programs, making higher education more accessible. Additionally, UBT extends scholarship opportunities to distinguished female athletes who have won national and international awards, recognizing and supporting their achievements. These initiatives align with UBT’s commitment to empowering women and promoting gender equality in education and beyond (See Evidence No. 4 Financial Support).



Career readiness for UBT Women:

UBT expresses significant concerns about the readiness of its female students for the job market. Consequently, it has implemented a range of career services aimed at mentoring and equipping these students with vital skills. During their academic journey, students are encouraged to partake in various workshops provided by the university's career center. Additionally, they are required to participate in a 15-week COOP training program, which involves working within an organization while receiving guidance and mentorship from both a member of the organization and an academic supervisor from the university (Refer to Evidence No. 5. By providing targeted support and resources, the university empowers women to enhance their career prospects and succeed in their chosen fields (See Evidence No.5).

